



SOUTH WOODHAM FERRERS UNITED COVID 19 RISK ASSESSMENT



Date	Monday 1 st June 2020
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Risk Assessment Written by	Helen Pasquale Darren Thompson Chris Firminger	Date to be Reviewed	On a weekly basis as soon as training commences~1 st July 2020
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Description of Risk Assessment	This Risk Assessment is for any member of SWFU to follow during the COVID 19 Pandemic to minimise risk to coaches, players, parents and any other stakeholder within the club.
Location details	This Risk Assessment is specifically aimed for use at the following locations: <ul style="list-style-type: none"> • Compass Gardens • Saltcoats Park • Rettendon Pitches

Only a maximum of 6 people (including trainers) can train together, and at all times they must maintain the 2-metre physical social distancing rules.

With all training, which involves children (and parents) in a social setting, preventing the spread of COVID-19 involves dealing with direct transmission i.e. when in close contact with those sneezing and coughing, and indirect transmission (via touching contaminated surfaces).

A range of approaches and actions must be employed to prevent both direct and indirect transmission. These can be seen as a hierarchy of controls that, when implemented, creates an inherently safer system and where the risk of transmission of infection is substantially reduced. These include:

- ✓ minimising contact with individuals who are unwell by ensuring that those who have COVID-19 symptoms, or who have someone in their household who does, do not attend training
- ✓ cleaning hands more often than usual - wash hands thoroughly for 20 seconds with running water and soap and dry them thoroughly, or use alcohol hand rub or sanitiser ensuring that all parts of the hands are covered
- ✓ ensuring good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach
- ✓ cleaning frequently touched surfaces often, using standard products, such as detergents and bleach
- ✓ minimising contact and mixing by altering, as much as possible, the environment and training layout
- ✓ Ensuring that all stakeholders are aware of the safety measures being implemented and that they are following them at all times
- ✓ Ensuring that the players wellbeing is optimum at all times



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It is important to understand the following guidelines by which children (and parents) should or should not travel to training, or go to training as outlined below.

Social distancing	Everyone must follow the same principles of 2-metre social physical distancing while travelling to and from training, and while at training.
Self-isolation	Anyone who has either a high temperature or a new persistent cough, or is within 14 days of the day when the first member of their household showed symptoms of COVID-19 should not come to training, and must follow the guidance on self- isolation.
Person at increased risk	Anyone who is at increased risk of severe illness from COVID-19 is strongly advised to stay at home and should be particularly stringent about following social distancing measures.
Persons defined on medical grounds as extremely vulnerable	Anyone identified as extremely vulnerable will be advised by their health authority and must follow the guidance on shielding and protecting extremely vulnerable people.
Living with a person in one of the above groups	Anyone living with a person who is at increased risk of severe illness, or an extremely vulnerable person who is shielding from COVID-19, should stringently follow the guidance on social distancing and minimise contact outside the home.
If someone falls ill	<p>If a person develops a high temperature, or a persistent cough, or a loss of taste or smell while at training, they should:</p> <ul style="list-style-type: none">• Return home immediately (with the person they arrived with)• Avoid touching anything• Cough or sneeze into a tissue and put it in a bin, or if they do not have tissues, cough, and sneeze into the crook of their elbow. <p>They must then follow the guidance on self-isolation and not return to training until their period of self-isolation has been completed.</p>

This Risk Assessment is not exhaustive, and every measure must be taken to minimise risk for players, coaches, parents



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and any other member of South Woodham Ferrers United.

Identified Hazard/Risk/Consideration	Who may be affected?	Risk Factor before control measures have been implemented				Existing Control measures	Additional Control Measures implemented by SWFU	To be actioned by:	Completion date:	Risk Factor after control measures have been implemented (if still severe-high, this activity must not be carried out)			
		severe	high	moderate	low					severe	high	moderate	low
Travelling to and from training	-Players -Coaches -Parents -General Public		high			-Parents and carers are responsible for any travelling to and from training -Coaching volunteers are DBS checked, but it is not recommended that coaches give players lifts to and from training unless they are a) from their own family or b) accompanied by another adult	-Wherever possible, children should travel to and from training with people or a parent from their own household. If this is not possible, the child should not attend training.	-Players -Coaches -Parents	June 2020				low
Arrival and departure at	-Players -Coaches -Parents	severe				-Parents and carers responsible for parking	- The staggering of drop-off and collection times by pre-arrangement	-Players -Coaches -Parents -Public	June 2020			moderate	



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training facilities	-general Public					appropriately and safely to ensure their child arrives safely at training	<ul style="list-style-type: none"> -Ensure a time gap between each training session so that groups do not enter the training ground whilst another is training -Indicate the training area clearly, so that the general public do not cross or enter the area (use signs where possible) - Limiting the number of groups to attend a training ground - Implement a drop-off and collection system that minimises adult to adult contact i.e. cone off parking bays to make sure there is a correct distance between cars -Introduce a one-way system so that entrance and exiting the training ground ensures groups do not mix with other groups and that social distancing is maintained -Provide a hand-cleaning station at entrance and exit of the training ground (hand sanitiser) - A member of the committee/volunteer to ensure strict social distancing i.e. one way system is adhered to at all times 						
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						-Limit the group to 5 children and one coach (volunteer/committee member present to ensure Safeguarding measures)					
Access and Egress Points	-Players -Coaches -Parents -general Public				-Number of teams training at one time is limited by the area of the training ground to ensure health and safety	<ul style="list-style-type: none"> - Stop any non-essential visitors to the training ground (only players and the coach should be in the areas, socially distanced by 2m+) - Inform members of the public that they cannot enter the area, use signage where possible -Increase access and egress points where possible and pre-arrange this with parents and players so all are informed -Allow plenty of space between players waiting to enter training, marking this area clearly with floor markings to indicate 2m distances - remind players and parents that they should not attend if they are displaying any COVID 19 symptoms - Ensure a volunteer/committee member is present to ensure all measures are being strictly adhered to 	-SWFU Committee	June 2020			



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							<ul style="list-style-type: none"> - Plan arrangements for access for emergency vehicles, should an emergency arise. Maintain this access point as solely for emergency access. -Regularly clean any common points of contact at the access and egress areas i.e. table with hand sanitiser on 						
Hygiene and Hand Washing	<ul style="list-style-type: none"> -Players -Coaches -Parents 					<p>Currently, there are no handwashing facilities available at these training grounds.</p>	<ul style="list-style-type: none"> -Provide additional hand cleaning facilities (hand sanitiser for use before and after training-minimum 60% alcohol) - Ensure regular breaks so that hand cleaning can be completed - do not allow any sharing of equipment -Ensure players bring their own water bottles - ensure players use the toilet at home before attending the session -Provide suitable rubbish bins for hand towels and tissues (must have a lid) - enforce the 'catch it, kill it, bin it' respiratory hygiene good practice and ensure that hand cleaning is immediately taking place after a sneeze or cough 	<ul style="list-style-type: none"> -SWFU Committee -Players -Coaches -Parents 					



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Toilets, Changing rooms and Showers	-Players -Coaches -parents					-Public toilets are not in use as they are owned by the council	-All players must use the toilet at home before arriving at training -No toilet or changing facilities will be available, if a child needs the toilet they will have to be collected by their parent and taken home	-Players -Parents	June 2020				
First aid and Emergency situations	-Players -Parents -Coaches					-All first aid must be carried out by an FA accredited first-aider to avoid any breach of insurance and safeguarding	-First aid must be administered to preserve life and to minimise personal injury -First aid kits to be updated with disposable face coverings (mask for close contact and a face shield for CPR), disposable gloves, sealable plastic bag for disposing of any hazardous materials including those which have come into contact with bodily fluids such as saliva -All coaches must bring their own first aid equipment to their session to minimise cross-contamination between groups and individuals -First aid kits must be well stocked and cleaned after every use -Emergency planning should include significant delays to response times due to the	-Committee -Coaches -Parent	JUNE 2020				



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						<p>demand on emergency services at this current time</p> <ul style="list-style-type: none"> - Consider how able a child is able to attend to their own minor injuries such as a nose bleed, with intervention from the coach to minimise contact -Ensure emergency services can have their own separate entrance and exit to the training ground, to minimise contact with the public -Where possible, contact a parent to come and give first aid, or to take their child home -Ensure provision is in place for a parent to collect their child early should they need first aid, ensuring they do not come into contact with another group and can maintain social distancing 						
<p>Player illness before, during or after the session</p>	<ul style="list-style-type: none"> -Player -Parent -Coach 				<ul style="list-style-type: none"> -A child may become ill before the session and will therefore not be allowed to attend the session -A child may become ill during the session and will be collected as soon as possible 	<ul style="list-style-type: none"> - If a player or coach is displaying any COVID 19 symptoms they must follow government guidelines and not attend training -If a player becomes ill during a session they must be isolated immediately, away from any other person and a parent must collect immediately. 	<ul style="list-style-type: none"> -Parents -Players -Coaches -Committee 	<p>June 2020</p>				



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						<p>-A child may become ill after the session</p>	<p>-This player must then follow government guidelines and medical advice and will not be able to return to training until the isolation process has been adhered to</p> <p>-If a child becomes ill after a session, and it is suspected to be COVID 19, the parent must contact their coach, so that contact tracing can be established and correct isolation procedures must be followed (refer to government guidelines)</p> <p>-Other players and parents should be informed to minimise further spread of infection</p> <p>-The coach must then inform Darren Thompson or Chris Firminger immediately</p>							
Use of equipment	-Coaches -Player					-Coaches must bring their own equipment (equipped by the Club) to all sessions	<p>-Equipment to be kept to a minimum: guidelines/grids to be marked on the ground permanently to avoid use of cones to demarcate an area for social distancing</p> <p>-All equipment to be cleaned before and after a session with an effective cleaning fluid</p> <p>-Passing of balls is not allowed</p>	-Committee -Coach -Player	JUNE 2020					



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						is washed immediately after a session -Players and coaches should wash hands before and after the session, for at least 20 seconds								
Communicating Plans and training	-Coaches -Committee -Parents -Players -Wider Public				-Communication comes via coaches and the committee to Parents and Players -Social media and local journalism used to reach the wider public	- Risk Assessment and plan to be shared with coaches, parents and any other stakeholder that is affected by changes to provision i.e. Council -Any changes to the plan must be communicated immediately -Any changes to government and FA advice must be followed by all members of our football community -Parents must be made aware that they may not be able to act as a spectator until further notice, as this may breach social distancing -Training should only be attended by the player and one parent, the parent will then be asked to collect later or remain in their car -Where possible, the club will continue to deliver training sessions via Zoom, as this negates all risk of breaching social distancing	-Committee -Coaches	JUNE 2020						



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						<ul style="list-style-type: none"> -Communication will continue to be paramount to ensure the safety of the entire community -Training in this style may be cancelled for a variety of reasons, particularly if the risk is increased or guidelines change. This will be communicated immediately to those who are affected. -Communication is encouraged between parents and coaches so that any other risks can be identified quickly and resolved or reduced -Coaches must communicate effectively with their team and the committee so that smooth operations can be maintained -Coaches and the Committee are responsible for health and safety, therefore training cannot take place if this risk assessment is unable to be followed by any member/player. 						
Maintaining Social distancing during a	-Players -Coaches				-Normal training sessions include matches and drills	<ul style="list-style-type: none"> - No matches, passing or close contact drills to be part of training -Players to remain in their marked area 	-Players -Coaches -Committee	June 2020				



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<p>training session</p>					<ul style="list-style-type: none"> -The committee must ensure adequate training space is given - No physical contact is allowed between players, coaches, committee members, parents (see arrival and exiting training ground above) -If a member cannot adhere to social distancing rules they will not be allowed to participate in training -Where possible, players and coaches should be encouraged to hold training sessions via Zoom, to minimise contact and risk 						
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